

Gateway Japan Study Tour

Program & Guidelines

11-20 April 2016

University of Adelaide & Tottori University

Eligibility: Enrolment in either **Japan Today (ASIA2023)** or
Governance and Sustainability (GEOG3020)

Application Closing Date 6 March



The Gateway Japan Study Tour is a short-term mid-semester program designed and run by the Department for Asian Studies, University of Adelaide, in collaboration with Tottori University, Japan.

The program provides a unique opportunity for students to explore questions of sustainability and governance in a rural setting in Japan. A special feature of this study tour is that it enables students to think about sustainability outside the existing boundaries of academic fields and disciplines, western cultural frames of reference, and the urban-bias of industrialised civilisation.

It provides an in-depth understanding of the challenges and possibilities all countries face in the post-Fukushima era in relation to energy, ecology and human society. Fieldwork will be conducted at places of rich cultural heritage, as well as in the luxuriant environment of rural Japan as illustrated by Hayao Miyazaki's animation film 'My Neighbour Totoro': farming and fishing villages, a wind farm, a nuclear power plant, Japan's second-largest mega-solar project site, and a Shugendo temple (Mitokusan). It will also include visits to a school and a local government office.

Students can explore a part of Japan which is not dominated by urban sprawl, nor is it a typical tourist destination such as Kyoto and Nara. The program is designed to equip students with knowledge and first-hand experience essential in pursuing study or employment in fields related to Asia. It will also provide a memorable learning experience in the lush Japanese spring – very different to class-based learning in Australia.

University of Adelaide

Coordinator of Gateway Japan Study Tour
Dr Shoko Yoneyama, Asian Studies, School of Social Sciences

Course Coordinators

Professor Purnendra Jain, Coordinator of Japan Today (ASIA2023)
Dr Thomas Wanner, Coordinator of Governance and Sustainability (GEOG3020)

Administrative Coordinator

Caroline Alcock, Short Programs Coordinator, Global Learning

Tottori University

Academic Coordinator:

Professor Takayuki Andō, Center for International Affairs

Gateway Japan Study Tour 2016 Program

Towards a Sustainable Society in Tottori

Draft as at Feb 26, 2016

Day		Activities	Notes
11 Mon	15:00 ~ 17:00	Hotel check-in (3 ~ 5pm)	<u>Tottori Green Hotel Morris</u>
	18:00 ~ 20:00	Orientation, icebreaker with Toridai* Students Train tickets, timetable, maps	Meet in the breakfast room on the ground floor *Toridai = Tottori University
12 Tue	8:35	Meet with Toridai student in the hotel lobby	The train leaves at exactly 8:56! If you are late, take taxi to "Tottori Daigaku" (approx. 3,000 yen)
	8:40	Walk to Tottori Station	
	8:56	Catch the train to Tottori-Daigaku-Mae Station	
	9:15 ~ 13:00	9:15 Opening Ceremony (Director of the Centre for International Affairs) 9:20 Introduce lecturers & staff members 9:25 Introduce students from Australia & Malaysia 10:00 Break 10:10 Brief introduction to Tottori prefecture, the university, sand dunes, + setting up internet connections on the campus 11:00 Campus Tour and LUNCH	Venue: Tottori University Information Centre (The red building directly in front of the main gate) Room F Lunch in uni cafeteria
	13:00 ~ 15:00	Presentation of Country Report • Introduction of each country (by student representatives) • Challenges in sustainable development of your country based on personal point of view (each student) Discussion about Sustainable Society	
13 Wed	8:30	Depart hotel	By bus
	9:00 ~ 9:30	Arid Land Research Centre • International Platform for Dryland Research and Education • Challenges in arid lands in the world (tentative)	
	9:30	Lecture: Water resources in the world, Q&A discussion	Prof. KITAMURA Yoshinobu
	11:30	Visit Arid Lands Dome & Museum	
	12:30	Lunch	Yamamoto Kitchen
	14:00	<u>Tottori Sand Dunes</u>	Wear suitable walking shoes!
	17:00	Return to Hotel	
14 Thu	8:56	Catch the train to uni	Venue: Information Centre Room F
	9:15	Lecture: Rural development, Q&A discussion	Prof. ANDO Takayuki
	11:15	Lunch	
	12:15	Explanation of the Weekend Field Trip	Prof. ANDO Takayuki
	13:00	Lecture: Oriental Thoughts, Q & A discussion	Prof. Kip Cates
	15:00	Japanese garden (TEIEN) at Kozen-ji Temple	By bus
	16:30 ~	Walk back to the Hotel	It takes about 30 minutes

Day		Activities	Notes
15 Fri	9:20		Walk to the Prefectural Office
	10:00 ~ 12:00	Tottori Prefectural Office Local development policies, energy strategies & tourism policy	Mr. KUWATANI Yosuke (Domestic and International Affairs Div., Culture, Tourism and Sports Bureau)
	PM	Free time	
16 Sat	6:45	Depart the hotel	Luggage can be left in your room
	8:00	Hojo Wind Farm	In Hokuei-cho
	11:00	Sakai-minato	Example of regional development
		Lunch in Sakai-minato	
	13:30	Depart for Shimane nuclear power plant	
	14:30 ~ 17:00	Shimane Nuclear Power Plant Information Centre	
	Overnight	Yonago Washington Hotel Plaza	Tel: 0859-31-9111 (meals are not included)
17 Sun	8:30	Depart Hotel	
	9:00 ~ 10:30	Tottori Nature and Environment Centre (Mega Solar Park)	
	11:15 ~ 12:30	Chateau ODAKA	Example of rural development (buffet lunch: 690 yen/person)
	14:00 ~ 15:00	Mt. Mitoku-san Temple	Head Priest Mr. YONEDA Ryochu Lunch: SHOJIN RYORI
	16:00 ~ 17:00	Hakuto Jinga (White Rabbit Shrine)	Japanese culture & regional development
		Michi-no-eki	Example of regional development
	17:30		Tottori Green Hotel Morris
18 Mon		Free Day	Enjoy exploring Tottori
19 Tue	8:30	Depart Hotel	By bus
	9:00 ~ 11:30	<u>San'in Kaigan Nature Museum</u>	Sustainable tourism development Mr. ANDO Kazuya
	12:00	Lunch	Yamamoto Kitchen
	13:30 ~	Visit Tottori Nishi High School	Education system in Japan Education for Sustainable Development Class activities
			Tottori Green Hotel Morris
20 Wed	8:56	Catch the train to uni	Venue: Information Center room C
	9:15	Presentations: "What I have learned in Tottori, and my future plans" Reflective discussion about the study tour	PowerPoint presentation is recommended
	11:30	Closing ceremony	
	12:00	Farewell party	Finish (and final goodbyes) 1:30pm

* It's a good idea to bring a laptop computer with you.

Ando Takayuki

Mobile: 080-1333-4136

andotakayuki@nifty.com

Gateway Japan Study Tour 2016

Tips and Instructions

Arrival Guide

Customs Information

Go to the link below to see a sample of the Customs Form (it is in English)

http://www.jnto.go.jp/eng/arrange/essential/pdf/customs_declaration.pdf

Please note: You will be fingerprinted and photographed at the Customs Desk.

This page has important information about what you can / can't bring into Japan:

<http://www.yadyad.com/en/travelinfo/entry>

By law, you MUST carry your passport with you at all times while you are in Japan

Embarkation Card for Foreigners arriving in Japan

The card will be given to you on the plane. The left hand side of the card will be stapled into your passport.

外国人用 外国人出国記録 EMBARKATION CARD FOR FOREIGNER ②		外国人入国記録 DISEMBARKATION CARD FOR FOREIGNER ①	
E.D.No. 出入国記録番号 NG 4637426 区分 22		E.D.No. 出入国記録番号 NG 4637426 区分 21	
氏名 (漢字) 氏名 (Name)	氏名 (漢字) 氏名 (Name)	氏名 (漢字) 氏名 (Name)	氏名 (漢字) 氏名 (Name)
国籍 Nationality	生年月日 Day Month Year 19	国籍 Nationality	生年月日 Day Month Year 19
航空機便名・船名 Flight No./Vessel	降機地 Port of Disembarkation	住所 Home Address	職業 Occupation
署名 Signature		日本の連絡先 Address in Japan	旅券番号 Passport No.
		日本滞在予定期間 Intended Length of stay in Japan	航空機便名・船名 Flight No./Vessel
		渡航目的 Purpose of visit	乗機地 Port of Embarkation
		署名 Signature	
官用欄 Official Use Only		官用欄 Official Use Only	
出 ()		入 ()	
旅券から取り外さないで下さい。 Do not detach from your passport.		カード①とカード②の太線内を入国時に記入して下さい。 Please fill in CARD ① and CARD ② (inside bold line) when entering Japan.	

Travel Guide

HOW TO GET TO TOTTORI FROM OSAKA

BY TRAIN



To get to Osaka from the airport (about 55 minutes)

From Kansai Airport take JR HARUKA ⇒ Shin-Osaka Station

Cost: ¥2,330

To get to Tottori from Osaka (2hrs 40 minutes)

From Shin-Osaka Station take JR SUPER HAKUTO ⇒ Tottori Station

Cost: ¥6,500

Note: If you are using a JR Pass, you will have to pay ¥1,800 surcharge because a private railway line is used for a section of the trip.
(you pay on the train)

* The train stations are well signposted in English

<http://grace.hyperdia.com> is a good site for train schedules (you can set it to English)

BY BUS



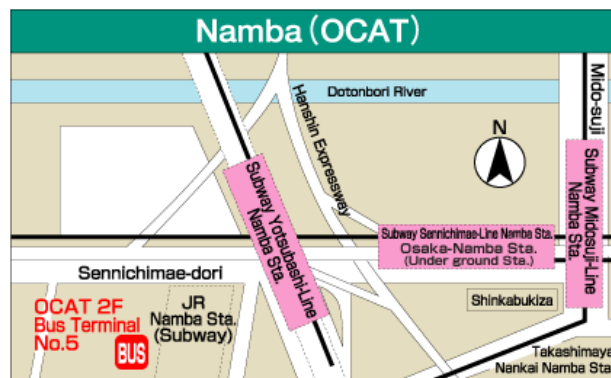
Kansai Airport Limousine Bus:

Limousine bus ⇒ Namba OCAT Bus Terminal (in Osaka): 50 minutes, ¥1,050

Kansai Airport Terminal 1	Namba OCAT	Kansai Airport Terminal 1	Namba OCAT
6:30	7:20	14:55	15:45
7:15	8:05	15:25	16:15
7:55	8:45	15:55	16:45
8:25	9:15	16:25	17:15
8:55	9:45	16:55	17:45
9:25	10:15	17:25	18:15
9:55	10:45	17:55	18:45
10:25	11:15	18:25	19:15
10:55	11:45	18:55	19:45
11:25	12:15	19:25	20:15
11:55	12:45	19:55	20:45
12:25	13:15	20:25	21:15
12:55	13:45	20:55	21:45
13:25	14:15	21:25	22:15
13:55	14:45	21:55	22:45
14:25	15:15	22:25	23:15

Bus timetable information is also online at

http://www.kate.co.jp/pc/e_time_table/e_ocat.html



From Namba OCAT take NIHON KOTSU EXPRESS BUS ⇒ Tottori Station

Cost: ¥3,700

Usually around 1 bus per hour, on the hour

Takes just under 3 hours (with a 10 minute food and toilet break midway)

Bus: Namba OCAT to Tottori

Namba (OCAT)	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00
Sannomiya Bus Terminal		8:50		10:50			13:50	
Tottori Station	9:52	11:31	11:52	13:31	13:52	15:25	16:31	16:52

Namba (OCAT)	15:00	16:00	17:00	18:00	19:00	20:00	21:30
Sannomiya Bus Terminal	15:50		17:50		19:50		22:20
Tottori Station	18:31	19:25	20:31	21:00	22:31	22:52	1:26

The full timetable (showing all stops) is available online (in Japanese only)

http://www.nihonkotsu.co.jp/bus/highway/course/tottori-kobe_osaka.html#contact

If you are travelling to Tottori from Tokyo, check this site:

<http://www.japan-guide.com/e/e8101.html>

Money Matters

Expenses during the Study tour will vary depending on your individual lifestyle, but 5,000 yen (around \$50) should be enough to cover your daily expenses. Again, this is up to you, how much you spend during the Study Tour.

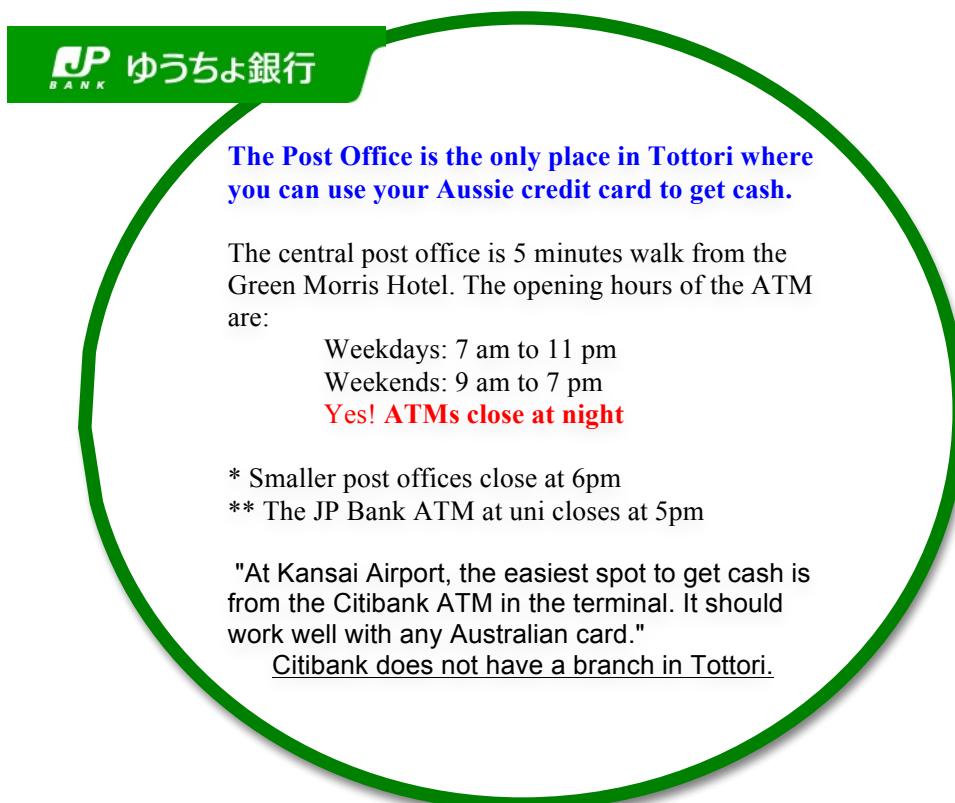
- Please note that meals are NOT included in your accommodation.
- Travellers cheques are very difficult to cash in Japan, especially in Tottori.
- Credit cards can (sometimes) be used. **Cash is best.**

Withdrawing money in Japan

You can withdraw money, using a foreign credit card, from 1) **JP Bank** ATMs, 2) **7-Eleven Convenience Store** ATMs, both of which are located throughout the country.

* JP = Japan Post, which means almost every post office has a JP Bank ATM.

** If a post office has an ATM, it WILL accept foreign credit cards.



For more information about **JP Bank** ATMs

http://www.jp-bank.japanpost.jp/en/ias/en_ias_index.html (English Site)

For info about (and location of ATMs) **Seven Bank** at **7-Eleven**;

<http://www.sevenbank.co.jp/intlcard/index2.html>, (English site)

** According to the webpage, there is now a Seven Bank ATM in Tottori - if you use it, please let us know how you get on.

Please remember there will be **bank charges** each time you withdraw cash.

Mobile phones and WiFi

Free WiFi is rare in Japan.

There are a few options:

This information is just for your reference. Please read all the information on the web pages carefully before you make your own decision.

1. Rental mobile phone (Can be delivered anywhere in Japan):

<http://www.pupuru.com/en/> (English site)

2. WiFi Router Rental Service

¥450 per day

You can book online before you leave Adelaide and arrange for the router to be waiting for you at the hotel in Tottori.

<http://en.wifi-rental-store.jp/> (English site)

3. IF you have an **unlocked phone**, you can rent a data SIM card from a vending machine in Kansai airport.

3.1. Read this newspaper article for an explanation of the system (it's about the vending machine in Narita, but it explains very clearly what's involved in renting a SIM card in Japan)

<http://www.japantimes.co.jp/news/2015/07/24/business/tech/z-japans-new-sim-card-vending-machines/#.VtA5Z8eFmkx>

3.2. For information about the vending machine in Kansai airport

<https://battera.co/fortourist/buy-a-prepaid-sim-card-when-you-arrive-at-kansai-international-airport/>

3.3. For more information about plans, and refills

<https://battera.co/fortourist/buy-a-prepaid-sim-card-when-you-arrive-at-kansai-international-airport/>

If you plan to rent a data SIM card, please read the fine print carefully.

For example:

- A fee of 3,000 yen (plus tax) will be charged for lost or damaged SIM cards.
- You cannot use these SIM cards for phone calls or SMS.
- If you stuff up, there is no refund. Make sure you know what size SIM card your phone uses.

WARNING: Make sure you **turn off Mobile Data on your phone *before* you leave Australia** or you could be the recipient of an enormous phone bill when you return home.

Survival Japanese

こんにちは	Hello!	Kon'nichiwa
ありがとう	Thank you	Arigatō
おねがいします	Yes, please	Onegai shimasu
いくらですか	How much is this?	Ikura desuka?
トイレはどこですか	Where is a toilet?	Toire wa doko desuka?

Around the Green Hotel Morris



It is less than 5 minutes walk from Tottori railway station to the Green Hotel Morris.

Check-in: Please make sure that you **check in between 3 - 5pm** on **Monday 11th April**.

Check-out: **Wednesday 20th April**.

Leave your luggage at the hotel - don't take it with you to uni.

Special Note about Alcohol: The drinking age in Japan is **20**.

⇒ Students under 20: You are breaking the law if you drink alcohol.

⇒ Students over 20: **Drinking should be restricted to a social level.**



Final Note:

Please remember that you should be punctual for all the events at Tottori University.